



EHT[®] Ingredient List

Suggested use: Take one tablet daily with food.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	2000 IU	500%
Vitamin B ₆ (as pyridoxine HCl)	1.6 mg	80%
Vitamin B ₁₂ (as methylcobalamin)	10 mcg	167%
Magnesium (from 100 mg magnesium citrate)	16 mg	4%
Selenium (as selenomethionine)	70 mcg	100%
Huperzine-A (from Huperzia serrata whole plant extract)	50 mcg	*
Alpha lipoic acid	50 mg	*
EHT [™] (proprietary coffee extract)	35 mg	*

* Daily value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, coating (polyvinyl alcohol, titanium dioxide [color], macrogol, vanillin, talc), croscarmellose sodium, stearic acid, magnesium stearate and silica.
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